WHAT IS CLAIMED IS:

1. An apparatus for applying at least one cyclical load to a specimen, the specimen extending at least along a longitudinal axis, comprising:

a mass;

an actuator mounted to the specimen and operatively associated with said mass, said actuator moving said mass along a linear displacement path that is perpendicular to the longitudinal axis of the specimen; and

a control system operatively associated with said actuator, said control system operating said actuator to reciprocate said mass along the linear displacement path at a reciprocating frequency, said reciprocating frequency being about equal to a resonance frequency of the specimen in a test configuration.

- 2. The apparatus of claim 1, further comprising a feedback sensor operatively associated with said control system, said feedback sensor producing a feedback signal, said control system being responsive to the feedback signal produced by said feedback sensor, said control system operating said actuator to change a displacement of said mass in response to said feedback signal.
- 3. The apparatus of claim 2, wherein said feedback sensor comprises a strain gauge and wherein the feedback signal produced by said feedback sensor is related to a strain in the specimen.
- 4. The apparatus of claim 2, wherein said feedback sensor comprises an accelerometer and wherein the feedback signal produced by said feedback sensor is related to an acceleration of the specimen.
- 5. The apparatus of claim 1, further comprising a load frame mounted to the specimen, said actuator being mounted to said load frame.
- 6. The apparatus of claim 5, wherein said actuator comprises a linear hydraulic actuator having a proximal end and a distal end, the proximal end of said linear hydraulic actuator being mounted to said load frame, the distal end of said linear hydraulic actuator being mounted to said mass.

- 7. The apparatus of claim 1, further comprising a transverse load actuator operatively associated with the specimen, said transverse load actuator applying to the specimen a load in a transverse direction, said transverse direction being substantially orthogonal to the longitudinal axis of the specimen and to the linear displacement path.
- 8. The apparatus of claim 7, wherein the load applied to the specimen by said transverse load actuator is varied at the reciprocating frequency.
 - 9. The apparatus of claim 1, further comprising a static mass mounted to the specimen.
- 10. A system for vibrating a specimen, the specimen extending at least along a longitudinal axis, comprising:

reciprocating mass means operatively associated with the specimen for vibrating the specimen along the longitudinal axis at about a resonance frequency of the specimen in a test configuration; and

displacement control means operatively associated with said reciprocating mass means for varying a vibrational displacement of the specimen.

11. The system of claim 10, wherein said reciprocating mass means comprises: a mass; and

actuator means operatively associated with said mass for reciprocating said mass along a displacement path that is perpendicular to the longitudinal axis of the specimen.

12. A method for vibrating a specimen, the specimen extending at least along a longitudinal axis, comprising:

mounting a mass to the specimen so that said mass can be reciprocated along a linear displacement path that is perpendicular to the longitudinal axis of the specimen; and

reciprocating the mass along the linear displacement path at a reciprocation frequency that is about equal to a resonance frequency of the specimen in a test configuration.

13. The method of claim 12, further comprising: detecting a strain in the specimen; and

controlling a displacement of the mass to place a desired load on the specimen based on the detected strain.

- 14. The method of claim 12, further comprising:

 detecting an acceleration of the specimen; and
 controlling a displacement of the mass to place a desired load on the specimen based
 on the detected acceleration.
- 15. The method of claim 12, further comprising applying to the specimen a load in a transverse direction, the transverse direction being substantially orthogonal to the longitudinal axis of the specimen and to the linear displacement path.
- 16. The method of claim 15, further comprising varying the load applied to the specimen in the transverse direction at about the reciprocation frequency.
- 17. An apparatus for applying at least one cyclical load to a specimen, the specimen extending at least along a longitudinal axis, comprising:

a mass;

an actuator mounted to the specimen and operatively associated with said mass, said actuator moving said mass along a linear displacement path that is substantially perpendicular to the longitudinal axis of the specimen;

a transverse load actuator operatively associated with the specimen, said transverse load actuator applying to the specimen a cyclical load in a transverse direction, said transverse direction being substantially perpendicular to the longitudinal axis of the specimen and to the linear displacement path; and

a control system operatively associated with said actuator and said transverse load actuator, said control system operating said actuator to reciprocate said mass along the linear displacement path at a reciprocating frequency, said reciprocating frequency being about equal to a resonance frequency of the specimen in a test configuration, said control system operating said transverse load actuator to vary the cyclical load at about the reciprocating frequency.

18. The apparatus of claim 17, further comprising a feedback sensor operatively

associated with said control system, said feedback sensor producing a feedback signal, said control system being responsive to the feedback signal produced by said feedback sensor, said control system operating said actuator to change a displacement of said mass in response to said feedback signal.

- 19. The apparatus of claim 18, wherein said feedback sensor comprises at least one accelerometer.
- 20. The apparatus of claim 18, wherein said feedback sensor comprises at least one strain gauge.
 - 21. The apparatus of claim 17, wherein said control system comprises a PID controller.